

Sandra Sessoms MD – Practice Philosophy



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Rheumatology

My practice priorities center around obtaining the correct diagnosis for each patient and working with the patient to find the best treatment and the best result possible. Rheumatologic disease can be complex, and I enjoy solving the problems this complexity presents.

Patients may come to me frightened and worried, with preformed ideas about their diagnosis and treatment. The ability to take the time to listen to and talk with each patient is one of the most important facets of treating rheumatologic disease.

The Personal Physician Group practice model, with its emphasis on a slower, more personal style of medicine, allows me and my patients all the time we need to do the work we need to do.