

## **Sandra Sessoms MD – Biography**



Sandra Sessoms MD  
Rheumatology

Dr. Sessoms grew up and attended college in North Carolina. She graduated from Baylor College of Medicine and did her internship, internal medicine residency, and rheumatology fellowship at Baylor's affiliated hospitals.

Her interest in rheumatology was rooted in her work in immunology at Baylor in tissue-matching for transplant donors. The complexity and diagnostic challenge of rheumatologic disorders appealed to her, together with the need for the hands-on style of medicine required to solve the puzzle of the disease with which a patient presents. Her move to Personal Physician Group LLP in January, 2011, allows her a slower-paced practice, with plenty of time for each patient, a return to the old model of medicine.

Dr. Sessoms' academic appointments and teaching responsibilities at Baylor College of Medicine for more than 20 years have included Assistant Professor of Medicine (Rheumatology), Associate Professor of Medicine (Rheumatology), and Director of the Rheumatology Fellowship Program. She served as a consultant in the Physical Medicine and Rehabilitation Rheumatology Clinic at TIRR and as consultant rheumatologist at the Texas Heart Institute. She is Associate Professor of Clinical Medicine at the Weill Cornell Medical College's Department of Medicine at The Methodist Hospital. She is on the staffs of both The Methodist and St. Luke's Episcopal Hospitals and volunteers at the San José Free Clinic.

Dr. Sessoms is board certified in Internal Medicine and in Rheumatology. Her particular interests include vasculitis, lupus, and rheumatoid arthritis.