

Rebecca Clearman MD – Practice Philosophy



Rebecca Clearman MD, FAAPMR, FACSM, FPASSOR
Executive Director

My goal is to provide my patients the highest level of medical expertise, confidentiality, and respect in an unhurried and supportive atmosphere. I believe that patient and physician must collaborate to achieve optimal health for the patient, identifying causes of pain, illness, and dysfunction and developing a treatment plan that is workable in the context of the patient's life.

I am trained in high tech American medicine and am always interested in new medical developments. As a member of the faculties of Baylor College of Medicine, the University of Texas Health Science Center at Houston, and Cornell Weill Medical College in the Texas Medical Center, I have both the opportunity and the responsibility for staying on the leading edge of Western medicine. I do not believe, however, that this type of medicine always has the answers to every problem. While I will always utilize everything American medicine has to offer, I continue to study and use the best techniques of acupuncture, manual medicine, and complementary therapies.

A friend described PPG as going “back to the future of medicine” because we practice an old-fashioned house call kind of medicine. Ideal medical care demands meticulous attention to every detail of the patient's well-being, and PPG's team is able to personalize care according to the needs and life situation of each patient. Nothing in my medical career has been more satisfying than establishing Personal Physician Group LLP a decade ago and watching it grow.